



TRITON TEAM

Experienced-Based Team Building & Leadership Training programs for Chief Executives, Senior Staff and Departmental Teams based on Special Operations schooling and instruction evolved from United States Navy SEAL Training.



Companies and teams can become stagnant operating in the same environment and making the same types of decisions day to day. If your company is like this it's time to take charge and make a change. Break your team out of their normal routine and give them an experience they will never forget.

The courses and lectures offered by **Triton Team** provide a way to challenge your team and give them insight into themselves as individuals and as a team. The leadership techniques taught by **Triton Team** are designed to allow your team to operate with strategic vision under the most stressful conditions.

IT'S NOT WHERE YOU ARE, IT'S WHERE YOU WANT TO BE!

TRITON TEAM, LLC
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A TEAM IS A TEAM

Be it Boardroom
or Battlefield

the team ethos
remains the same. A
team requires the
unification of
multiple individuals'
thoughts, processes
and actions
synchronized towards
mission success. The
Triton Team method
inspires the individual
and unifies the
group, triggering the
necessary actions
to complete any
mission directive.



FORGING ELITE LEADERS

BUILDING STRONGER TEAMS

Triton Team stands alone as an elite team management training company that specializes in performance training and motivational fitness techniques based on Special Operations schooling and instruction evolved from United States Navy SEAL Training and National Academy of Sports Medicine Physical Fitness doctrines.

Triton Team delivers customized Leadership and Experienced-Based Team Management and Fitness programs and short courses to Chief Executives, Senior Staff and Departmental Teams.



NAVY SEAL PRINCIPALS

Find ways to stay motivated, motivate others, get into great physical shape and stay there.



TEAM BUILDING

Find ways to better manage our time and plan with purpose, and spend quality time with family and friends.



LEADERSHIP TRAINING

Find ways to become a better leader, deal with stress, feel more confident about yourself.



PROGRAMS

2011
2012



Speaker Series

Gain insight into the remarkable SEAL philosophy on team building, leadership, stress management and planning. All speakers are current or former Navy SEALs. Lectures are typically 45 minutes with a 15 minute question and answer session held at the end (1 hour total).

Clients Variable - Price TBD



BUD/S Day on the Beach

Modeled after the SEAL selection course (BUD/s), the Day on the Beach event will challenge and unify any team. This event pushes individuals and to their mental and physical limits. The individual must innovate and make decision rapidly under extreme stress conditions while focusing on group success.

Clients 6-200 - Price TBD



Shooting Range

Like golf but more exciting. Shooting is a challenging task that requires focus and attention to detail. Triton Team offers group shooting events and one on one executive training. Courses are offered in rifle, pistol and tactical shotgun.

Clients 1-50 - Price TBD



Close Quarter Combat

Close Quarters Combat (CQB) is one of the most challenging missions undertaken by the SEAL Teams. Fighting inside of a house requires split second decisions and the ultimate in situational awareness. Rapid individual and team decisions make this an exciting event that can shape a team.

Clients 1-50 - Price TBD



Shooting Range/Close Quarter Combat Combo

A combination event that starts on the shooting range teaching weapons handling and marksmanship theory and ends in the "kill house." This is a full day event that brings teams outside of their element and shifts the paradigm of corporate leadership.

Clients 1-50 - Price TBD



Land Navigation

Before GPS and roads humans traveled the earth with a compass and by observing the terrain. This event is typically performed in pairs and involves using a map and compass to navigate challenging terrain between a series of points. In contrast to the tactical events that require split second decision and stress management, land navigation focuses on medium to long term planning and execution.

Clients 1-100 - Price TBD



Paintball

Triton paintball events are a fun group exercise that helps build the competitive nature of teams. Each event starts out with lessons on SEAL land warfare techniques. Instructors are then sent with each group and the battle begins.

Clients 1-100 - Price TBD



Tandem Skydiving

Skydiving gives the participant a chance to rise to the challenge. Skydiving is offered to both individuals and teams. Tandem skydives with both SEAL and non-SEAL instructors are offered.

Clients 1-30 - Price TBD



Wind Tunnel

When SEALs are first learning how to skydive they start in the wind tunnel. The wind tunnel lifts you off the ground with a giant fan. "Flying" is a challenging activity that teaches focus and attention to detail. This event becomes a group exercise as the group helps the individual work on technique and maintain stable flight.

Clients 1-30 - Price TBD



Team Building Progression

Team Building Progression is a combination of events, lectures and lessons held over a period of time. A team is typically started out with a "Day at the Beach" style event followed by progressively more complex and mentally challenging events. Team Building Progression is modeled after the SEAL training model of progression from BUD/S all the way to the platoon. This longer-term approach is designed to solidify individual lessons and skills provided by the events over a period of time.

Clients Variable - Price TBD

Training is offered across the chasm from start-up through Fortune 1000 companies to government and educational institutions. Individualized and group coaching is offered on subjects such as Leadership, Teamwork, Corporate Stress, Mission Preparedness, Strategic Planning and Fitness. We ensure more than just a single serving of motivation.

OUR GOAL IS TOTAL TRANSFORMATION

PEOPLE ARE TALKING ABOUT TRITON TEAM

Bank Of America

I would like to express my sincere gratitude to the Triton Team. The Navy SEALs Leadership and Team Management seminar made for an epic event. Triton gave our executive team meaningful leadership training and they refocused our priorities for the competitive year ahead.

- **John Bianchi, SVP Bank of America.**

Hughes Marino, Inc

This is the second year in a row Triton Team has led our CEO and CFO clients through an intense team building exercise that involved team building and intensity. The Navy SEAL training simulation and the close quarter's combat training developed great pride amount our clients for what they were able to do, and great appreciation for what our men and women in combat have to learn and endure. Triton has the energy, preparation and credibility to pull off events like this on a turnkey basis, all while maintaining a balance of safety and fun for the participants.

-**David Marino, Principal, Executive Vice President**

American Honda, Inc

Triton's Team took us out of our comfort zone and made us realize that we CAN meet larger challenges. Nobody delivers team building and performance training like the United States Navy SEALs do! Thanks again for an incredible event.

-**Allan, American Honda Motor Company**

Janus Capital Group

Triton Team's leadership and team building seminars focus on the fundamental aspects of what makes Navy SEAL teams elite and then relates these aspects to the specific situations and needs of my clients and prospects. With

Triton Team I am able to offer a truly unique experience. It's not often you get actual Navy Seals to speak directly to you about command and control, leadership, stress management, meeting management, physical and mental fitness. These dynamic presentations inspire my clients, moving them to elevate and improve their own performance and that of their teams. Through my association with Triton Team I have successfully serviced my targeted client base, gained greater access to prospective clients and differentiated myself in the marketplace, ultimately leading to increased sales volume.

- **Matt Grenfell, CFA - Director**



Riverside Police Department, Divisional HQ

I want to extend my sincere thanks and appreciation for your recent presentation. I personally reviewed each of the evaluations in regards to your presentation on Leadership, Combat Stress Control and I noted comments such as, "This is some of the best training I've received in all of my years in law enforcement. I learned valuable information on how to manage combat stress" and "I realized that I set the tone for my team and how important it is to lead by example."

Developing leaders in our organization is of the utmost importance and I appreciate your staff's time and commitment to the training provided. Your experience and insight will have a lasting impact on all who were in attendance.

-**John DeLaRosa, Chief of Police**



TRITON TEAM GIVES BACK

Triton Team donates 5% of every sale to the Naval Special Warfare Foundation.

The Foundation's mission is to provide immediate and ongoing support and assistance to the Naval Special Warfare community and their families.

Please give generously at nswfoundation.org today.





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